



# DENKA

## Glove Donning Guide

### Do it right first time....

Your step by step guide on how to put on a pair of single use gloves.

#### Step 1



Remove the Gloves4u single use Glove by the cuff from the dispenser

#### Step 2

Hold the cuff end of the glove open using your thumb and four fingers



#### Step 3

Ease your fingers then palm and thumb of the other hand inside the glove



#### Step 4

Gently pull the wrist end of the glove with your thumb and fingers while easing the hand fully into the glove



#### Step 5

Pull the glove to a comfortable fit then begin the procedure again for your other hand.



#### TAKE NOTE:

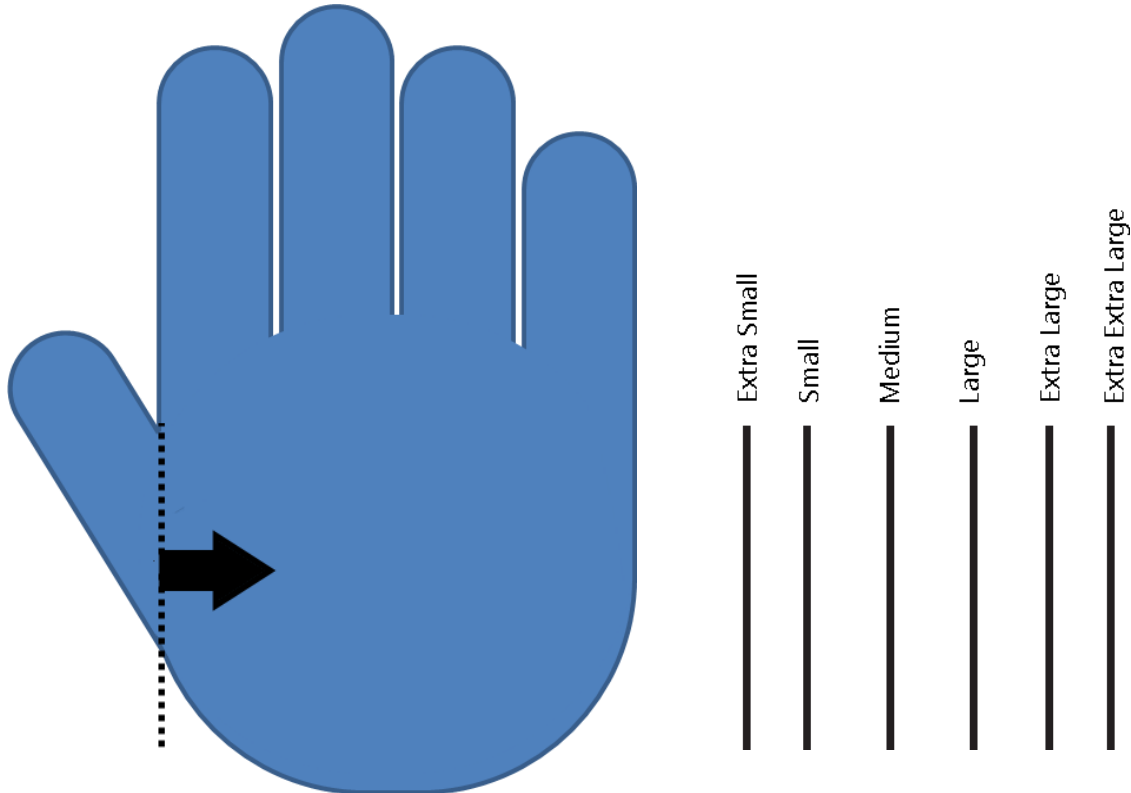
Donning a glove incorrectly can often cause gloves to rip and puncture, this is generally not due to a faulty glove.



# Hand Sizing Guide

## Disposable Gloves

To measure the correct size glove, place the inner of your right thumb along the dotted line, your correct size of glove will be identified along the right hand side of your hand.



### Gloves too big or are too small?

- ✓ Correct Size - Ensures good wear and comfort.
- ✓ Good Fit - Reduces hand fatigue and increases dexterity
- ✓ Comfortable Fit - Decreases the risk of rashes and occlusions
- ✗ Too tight? Can restrict blood flow - Occupational health issue
- ✗ Too Loose? Debris can get inside the glove or the glove can slip off
- ✗ Wrong Fit? Impairs manual dexterity